# Vanguard Learning Trust

## Environmental sustainability week: Competition and quizzes

As part of environmental sustainability week, we would again like our students to help us capture our Trust's commitment to environmental sustainability through words and an image. Students can enter separate competitions which involve writing a slogan and/or producing a visual image and they are welcome to enter both competitions if they wish. There will also be daily quizzes from Monday to Wednesday.

### Slogan competition

Students should write a slogan using no more than 30 words, which can begin with: *Vanguard Learning Trust's environmental sustainability week ….*

Entries should be original and therefore AI should not be used. Entries can be submitted via the following link by 4pm on Friday 27th November 2026: Vanguard Learning Trust slogan competition

### Visual image competition

Students should create an original visual image to mark the week and therefore AI should not be used; this could be a photograph, drawing, painting, poster, etc. Entries can be submitted by email to competition@vlt.org.uk and can be sent in Pdf, Jpeg, Microsoft Word or Google Doc formats. Alternatively, hard copies of entries can be submitted via the school's main office. All entries must include the student's name, year group and school, and be submitted by 4pm on Friday 27th November 2026.




Previous winner (left) and runners up of the competition

# Vanguard Learning Trust

## Environmental sustainability week: Competition and quizzes

### Daily quizzes

In addition to the slogan and image competitions, there will be daily quizzes - Monday to Wednesday - for students and families, if they wish, to take part in. These are based on the following three videos which can be watched in advance of the quiz being released:

**Day 1 quiz: Monday 16th November 2026: Alex Green, Let's Go Zero** (click here for video)



Alex Green, who works for a climate solutions charity, introduces the importance of environmental sustainability and the role schools can play in tackling climate change. The presentation encourages students and staff to understand their carbon footprints, reuse resources and make practical changes that reduce their environmental impact.

**Day 2 quiz: Tuesday 17th November 2026: BBC Bitesize, 'What is the problem with plastic?'** (click here for video)



This animation shows how reducing plastic use, reusing clothes and recycling have helped protect the environment and marine life. It explains how discarded plastics break down into microplastics, enter the food chain and affect both wildlife and humans, highlighting the importance of making more sustainable choices.

**Day 3 quiz: Wednesday 18th November 2026 TED-Ed, '3 surprising ways microplastics can enter your body'** (click here for video)




This video explores how microplastics enter the human body through food and drink, the air we breathe and contact with our skin. It examines the potential health effects of microplastics and the chemicals they contain, while highlighting practical ways to reduce exposure and the need for wider action to tackle plastic pollution.

The quiz will 'go live' on the Trust's website (click here) at 4pm on each of the days - Monday to Wednesday - and the deadline to complete the quizzes will be by 4pm on Friday 27th November 2026.

### Prizes and VLT cup points

**Individual:** For the slogan and image competitions, there will be prizes for the first, second and third place entries. The winning entries will be used in our autumn term newsletter which will be released by the end of term, showcasing all of the week's activities. For the quizzes, any students who enter all three and get 100% correct will receive a certificate and VLT environmental sustainability week pen.

**VLT cup:** There will be points awarded for the competitions and quizzes in terms of participation rates - the more student entries, the more points for schools - and for overall award winners. These will contribute to each school's points for the annual VLT cup.